



- All children under 16 must be accompanied by an adult.
- Suitable clothing and footwear must be worn: depending on the conditions and terrain.
- Dogs are permitted on events but must be on a lead and under control. Unfortunately they cannot attend events involving transport or where they may disturb livestock.
- Some parts of the walks may be steep or difficult and require some degree of fitness.
- If you have any queries please contact the office in advance.

### POINTS TO REMEMBER

Distance (miles)		Terrain		All of our walks are likely to encounter some gradients	
0 - 2		Surfaced paths			
2 - 5		Uneven and mixed terrain			
5+		Steep slopes / slippery surface			
		It is recommended that you bring a torch			

### KEY TO EVENT SYMBOLS:

In order that we can effectively manage our events, to confirm places we would appreciate that all bookings are made through the Park Office in advance.

To book, please contact the Park Office by telephone on **028 90491922** or by email at [admin@laganvalley.co.uk](mailto:admin@laganvalley.co.uk)



As well as enjoying one of our events there are many ways to explore the Regional Park. Purchase one of our O.S. maps available from the Lagan Valley Regional Park Visitor Centre and visit our [www.laganvalleylearning.co.uk](http://www.laganvalleylearning.co.uk) where trails, activities and information can be downloaded free.

**TAKE A VIRTUAL JOURNEY.** Lagan Valley Regional Park have partnered with Google's innovative Trekker Programme to map the tracks, trails and towpath in the area. The Regional Park has over 38 kilometres (24 miles) of paths and trails.

## EXPLORING LAGAN VALLEY REGIONAL PARK



With an aim to protect and enhance the unique landscape character and features of over 4,000 acres from Belfast to Lisburn, the Regional Park is a distinctive corridor linking two major cities, providing a haven for both wildlife and people alike and has many trails, paths and interesting places to explore and enjoy.

### Outstanding Natural Beauty.

Lagan Valley Regional Park is a registered charity. Founded in 1967, Northern Ireland's first and only Regional Park lies within a designated Area of



## Events Programme 2023

Sun 8th Jan	Winter Wander
Sat 14th Jan	Winter Birds of the Lagan Valley
Wed 22nd Mar	Birdsong Training (online)
Sat 25th Mar	Forage in the Forest
Thurs 30th Mar	Birdsong Training (online)
Fri 31st Mar	Spring Discovery Morning
Sat 1st Apr	Spring Wildflower Walk
Wed 5th Apr	Birdsong Training (online)
Sat 22nd Apr	Dusk Chorus
Sun 14th May	A Walk back in time
Sun 21st May	Treasured Trees
Sat 17th Jun	Secrets of the Stone Age
Fri 30th Jun	Get 'FIT' for Pollinators
Fri 7th Jul	Secret Garden
Fri 21st Jul	Bumblebee Safari
Fri 4th Aug	Summer Discovery Morning
TBC August	Nature along the Lagan
TBC Sept	Bats about Lisburn
Fri 15th Sept	Edenderry Evening Trail
Sat 7th Oct	Fungal Foray
Sun 15th Oct	Aberdelghy Trail
Fri 3rd Nov	Autumn Discovery Morning
Sat 9th Dec	Holly Hike

  
LAGAN VALLEY  
Park Office | 3 Lock Keeper's Lane  
Milltown Road | Belfast BT8 7XT  
[admin@laganvalley.co.uk](mailto:admin@laganvalley.co.uk)  
028 9049 1922

DISCOVER | EXPLORE | ENJOY



# EVENTS PROGRAMME 2023

## WINTER WANDER

Sun 8th Jan

Enjoy a circular walk as we explore the different aspects of the Lagan Valley Regional Park in all its winter glory. Wear your winter woollies and good footwear.

Meet outside Malone House at 2.30pm (Duration: 2 hours)  
Booking essential!

## WINTER BIRDS OF THE LAGAN VALLEY

Sat 14th Jan

Join staff of Lagan Valley Regional Park and British Trust for Ornithology to explore the wonderful birdlife throughout the park. We will meet in the barge for a short presentation before setting out for a short stroll to discover what is out and about.

Meet at the barge, Lagan Valley Regional Park Visitor Centre at 2pm (Duration: 2 hours)

Cost: £5 per person. Booking and prepayment essential!

## BITESIZE BIRDSONG (online sessions)

Wed 22nd Mar

Dates: Wed 22nd Mar 19:30-20:15  
Thurs 30th Mar 19:30-20:15  
Wed 5th Apr 19:30-20:15

Cost: Free

<https://www.bto.org/community/events/202303-ripple-ni-bitesize-birdsong-3-sessions>

## Name that tune!

Join Sorrel from the British Trust for Ornithology (BTO) for some short, interactive online sessions on how to identify common birds by song. You don't need to know anything about birds to join, these sessions are aimed at beginners.

## GET 'FIT' FOR POLLINATORS

Fri 30th Jun

10 Minute Citizen Science!

Join LVRP and Buglife at the wildflower meadows in Clement Wilson Park to learn how to identify flowers and pollinators and how to carry out your own FIT (Flower-Insect Timed) Counts and be a 'citizen scientist' for pollinators.

Meet at Newforge entrance to Clement Wilson Park at 11am (Duration: 2 hours)

FREE EVENT! Booking essential!

## SECRET GARDEN

Fri 7th Jul

Join us for an evening stroll through Sir Thomas and Lady Dixon Park, famous for the International Rose Garden. This walk will focus on some of the less well known aspects of the grounds and the local history of the Park.

Meet at Lower Stables car park, Sir Thomas and Lady Dixon Park at 7pm (Duration: 1.5 hours)

Cost: £5 per person.

Booking and pre-payment essential

## BUMBLEBEE SAFARI

Fri 21st Jul

Join us for a short talk on Bees and Butterflies followed by a walk to see them out and about. We will learn about some of our more common species, their life cycle, how to spot them in your garden, what plants they like and what you can do to help them.

Meet at the Lock Keepers Cottage at 11.00am (Duration: 1.5 hours)

FREE EVENT! Booking essential!

## FORAGE IN THE FOREST

Sat 25th Mar

Spring is a fantastic time to explore the edible delights of the woodland and surrounds on a walk through the beautiful Lagan Valley Regional Park and ending with refreshments on the barge.

Meet at Lagan Valley Regional Park Visitor Centre at 2.30pm (Duration: 2 hours)

Cost: £7.50 per head. Booking and prepayment essential!

## SPRING DISCOVERY MORNING

Fri 31st Mar

A seasonal walk enjoying the splendour of the Regional Park. These walks give you the opportunity for an informal and informative walk with our rangers to learn about the Park.

Meet at Malone House at 11am (Duration: 1.5 hours)

FREE EVENT! Booking essential!

## SPRING WILDFLOWER WALK

Sat 1st Apr

The woodlands and hedgerows come alive in springtime. Discover the first flush of flowers adding colour to Minnowburn - lesser celandine, wood sorrel, wood anemone, bluebells, violets and more - and learn about their colourful stories.

Meet in Minnowburn car park at 2pm (Duration: 2 hours)

Cost: £5 per head. Booking and pre-payment essential



## SUMMER DISCOVERY MORNING

Fri 4th Aug

Join our rangers on a seasonal walk enjoying the splendour of the Regional Park. These walks give you the opportunity for an informal and informative walk to learn about the Regional Park.

Meet at Belvoir Park Forest car park at 11am (Duration: 1.5 hours)

FREE EVENT! Booking essential!

## NATURE ALONG THE LAGAN

Aug (Details to be confirmed)

Meet at Glenmore Activity Centre (Duration: 2 hours)  
FREE EVENT! Booking essential!

To register for this event, please Tel: 028 9244 7551 or Email: [tracey.connolly@lisburncastlereagh.gov.uk](mailto:tracey.connolly@lisburncastlereagh.gov.uk)

## BATS ABOUT LISBURN

Sept (Details to be confirmed)

To register for this event, please Tel: 028 9244 7551 or Email: [tracey.connolly@lisburncastlereagh.gov.uk](mailto:tracey.connolly@lisburncastlereagh.gov.uk)

## EDENDERRY EVENING TRAIL

Fri 15th Sept

How better to shake off the working week than a relaxing early evening stroll through the summer splendour of the Lagan Valley Regional Park. The trail will take you along some of the best scenery and vistas in the Park including riverside, hidden hilltop gardens, woodlands and the Stone Age Giant's Ring.

Meet at Minnowburn car park at 5.30pm (Duration: 2 hours)

Cost £2.50 per head.

Booking and pre-payment essential!

## DUSK CHORUS

Sat 22nd April

Sorrel joins us from the British Trust for Ornithology for a relaxed dusk chorus walk through the Lagan Valley Regional Park to enjoy the spring birdsong. Sorrel will be talking through identification of birds by sound in this beginner-friendly event. You don't need to know anything about birds to come along! We'll provide binoculars. Please bring a torch, wear warm clothes and good footwear

Meet at Belvoir Park Forest car park at 8.00pm (Duration: 1.5 hours)

Cost: £5 per head.

Booking essential and pre-payment essential.

## A WALK BACK IN TIME

Sun 14th May

A stroll to explore the treasured landscapes of Belvoir Park with local historian and author Dr Ben Simon.

Meet at the main car park in Belvoir Park Forest at 2.30 pm. (Duration 1.5 hours)

FREE EVENT! Booking essential!

## TREASURED TREES

Sun 21st May

Discover Belfast's oldest trees, the veteran oaks of Belvoir Park with local historian and author Dr Ben Simon.

Meet at the main car park at Belvoir Park Forest at 2.30 pm. (Duration 1.5 hours)

FREE EVENT! Booking essential!

## SECRETS OF THE STONE AGE

Sat 17th Jun

The Lagan Valley has been host to human settlement for thousands of years. Follow in the footsteps of the ancestors along the river Lagan and up to the heights of the Ballynahatty plateau. See some of the best vistas in the park and discover the fascinating Giants Ring.

Meet at the Shaws Bridge car park at 2.00pm (Duration: 2 hours)

Cost: £5.00 per head. Booking and pre-payment essential

## FUNGAL FORAY

Sat 7th Oct

Join local mycologist and LVRP staff to explore the amazing variety of shapes and colours of fungi on a walk through the autumnal splendour of the Lagan Valley Regional Park.

Meet at Shaw's Bridge car park at 11am (Duration: 2 hours)

Cost £5 per head. Booking and pre-payment essential!

## ABERDELGHY TRAIL

Sun 15th Oct

Head along the towpath from Lisburn's Island Civic Centre on this circular hike. This challenging walk will take in some of the more remote and less frequented areas of the park whilst enjoying the local and natural history along the way.

Meet at Island Civic Centre (outside main door) at 2pm (Duration: 2.5 hours)

Cost: £2.50 per head. Booking and pre-payment essential!

## AUTUMN DISCOVERY MORNING

Fri 3rd Nov

Join our rangers on a seasonal walk enjoying the splendour of the Regional Park. These walks give you the opportunity for an informal and informative walk to learn about the Regional Park.

Meet at Lockview car park, Stranmillis at 11am (Duration: 1.5 hours)

FREE EVENT! Booking essential!

## HOLLY HIKE

Sat 9th Dec

It may be the bleak Midwinter but it is still a fantastic time to get out and about. Wrap up warm and take some time to look around and listen, you may be surprised how much there is to see and hear!

Meet at Lagan Valley Regional Park Visitor Centre at 1.30pm (Duration: 2 hours)

Cost £2.50 per head. Booking and pre-payment essential!